# Chanel NONS

#### From the Principal - Dr Susan Bunkum PhD

In speaking with students of all Year levels at the end of Week 6 of Term One, it is apparent that they have now well and truly settled back into the routines of academic life. It is at this time of term that the demands of assessment can sometimes cause stress. As with all aspects of school life, this too, can be a learning experience for young people and can result in them improving aspects of their organisation and planning while also promoting their development into mature and independent learners. Apart from classroom studies, the term is already filled with a wealth of activities including:

- Year 7 Retreat at Calliope
- Year 9 Retreat at Riverside
- Year 12 Marine Studies Camp at North Keppel Island
- Year 10 and Year 12 Hospitality Excursions
- Year 7 and Year 8 attendance at the World Science Festival
- Shrek' for all Years 7 and 8 students as well as students of Drama and Music in all year levels
- World Day of Prayer
- Nude Food Day presented by the Eco-Warriors.

When I add to this, student involvement in a range of sports, I can say with conviction that the educational opportunities for students at Chanel College are excellent. That all of this is possible is due in no small part to the commitment and dedication of our College Staff and I take this opportunity to thank them for the wonderful work that they do each and every day.

#### **Chanel College**

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As a College, we also celebrate the successes of all of our students and were delighted to receive a letter (an excerpt of which is printed below) from Andrew Laming MP (Federal Member for Bowman) congratulating our Year 12 students of 2017 on their academic results which situated Chanel College in the top quarter of Queensland's 370 secondary schools.



Andrew Laming MP

Dear Principal and teaching staff from Chanel College,

Congratulations on the impressive academic results achieved by your 2017 senior cohort last year.

We analysed 370 Queensland high schools and contact your school because you are in the top 100.

Each year, we analyse the proportion of your cohort that achieves an OP, compared to ICSEA-similar schools.

Your school's OP proportion, compared to the ICSEA prediction, is expressed as a ratio 1.31. This means that schools exceeding state ICSEA predictions and taking students through to an OP are acknowledged. It also prevents schools whittling their OP program in order to increase their OP1-5%.

Next, we incorporated the school's OP mean 10.80 and arrived at a blended metric that expresses both the quantity and the quality of OPs achieved.

Congratulations. Chanel College is in the top quarter of Queensland's 370 high schools.

In the next month, we will be incorporating 2014 NAPLAN data to express a basic statement on three year gains through to senior. Second, we will for the first time see ACARA year 7-9 data across all schools.

We will keep you updated on this information also.

Yours sincerely,

Andrew Laming



# GOOD NEWS

Kath Hore - Mission & RE Support Officer

#### **Project Compassion**

**Project Compassion's theme for this year is 'A Just Future'** and celebrates the Year of Youth. Pope Francis said, "Cultivate with love the seeds of goodness, beauty and truth so God sows in every new generation." Through our generosity during Project Compassion, we are empowering young people to build a future for themselves, their families and their communities.

As well as raising awareness to the work of Caritas, each student is encouraged to go without something and donate the money saved to Project Compassion. In the past we have been very successful as a whole community raising funds to financially assist the work of Caritas. Please contribute to this Appeal which supports aid and development programs around the world and helps to build a better life for the poorest of the poor.

#### **Lenten Program**

The Chanel Lenten Group meets each Wednesday, at 3:35 pm in the Chapel to reflect on and pray this program. If you would like to join a small group of staff members you are welcome to attend.

#### World Day of Prayer 2018

The Catholic Church will be the host for this world wide ecumenical service of prayer. The prayer service will be on **March 2** beginning at **9:30 am** at the Star of the Sea Church in Herbert Street. Ms Dyer's Year 12 SOR class will be attending the prayer service, the choir will be singing and Drama students will be delivering the Biblereadings. Our hospitality students are catering for the morning tea that follows. All are welcome to come and pray for the people of Suriname – the focus country for this year.

#### **SOS Mass and Youth Gathering**

The first Chanel/SOS Mass for 2018 will be held this Sunday 4 March commencing

at 6.00 pm. You are invited to come and share in worship with your children. There will be a Youth Group Gathering in the Parish Hall following the Mass, led by our Year 12 students. This group is an informal gathering which allows students to share time, ideas and have fun together. Students from all Year levels are welcome.

#### **Buddies Day**

Buddies Day, organised by St Vincent de Paul and support by Chanel College, will be having their second outing for 2018 on 11 March. This year there are several outings planned and if your child would like to be a volunteer with this program and they are in Years 10-12 please encourage them to see Mrs Hore for more details.

#### **Thursday Mass**

Thursday 8 March – Mrs Green's Year 11 R & E Class Thursday 15 March – Ms McDonaugh's Year 9A Religion Class

## tudent is encouraged to<br/>pject Compassion. In theJustice in our world, that we<br/>will make a conscious effort

and generously support Project Compassion

recovering from illness

near Bundaberg

Please Pray for ...

People in our community

who are unwell, receiving

Year 9 students as they

retreat at Riverside Retreat

 For the children in our world who do not have access to education and for those who work to make education for all a reality

#### Praise and Thanks for ...

- All people, especially past students of Chanel, who are working in our world to bring justice and peace to many areas
- Our students who so willingly step up to serve others
- The rains that have quenched so many parched areas in Queensland

If you have any requests for either of the above prayers, please leave your request at the Office.

# GENERATION

#### A social enterprise providing education and information to protect and enhance the mental health of young people.

Want your child to develop practical strategies, tools and skills to maintain good mental health and wellbeing?

Students are encouraged to join in the innovative, stimulating and interactive sessions by some of Australia's leading experts in the field of mental health and wellbeing. This is a fantastic opportunity for our students to be involved in an initiative by Generation Next, an organisation which works to increase mental health literacy and positively influence behaviour and wellbeing of young people.

Our emotional, psychological and social wellbeing all form part of our mental health, fundamental in all stages of life. Our mental health impacts on our thoughts, feelings and actions and plays a crucial role in our decision making, communication and management of stress.

# Where? Chanel College Drama & Performance Centre What to bring? Chromebook

#### Friday 9 March 2018

8:10 - 8:55	Rewiring your brain for better mental health	Andrew Fuller Clinical Psychologist		
10:35 - 11:20	Healthy Sleep	<b>Dr Chris Seton</b> Adolescent Sleep Specialist		
Friday 16 March 2018				
8:10 - 8:55	Sexting	<b>Brett Lee</b> Founder iNESS, Former Police Officer		
10:35 - 11:20	Is social media good for you?	A/Prof Michael Nagel Research and Author in Neurological Development		
15				

## Upcoming Events Term 1

#### Week 7

Mon 5 March • House Assemblies Tue 6 March • Student Representative Council Meeting Wed 7 March • Senior Years & Middle Years Assemblies • Board Meeting 5.30 pm

#### Week 8

Fri 16 March • National Day of Action Against Bullying

### Week 9 YEAR 7 - 12 EXAMS

#### Week 10

Mon 26 March

Year 12 QCS Practice Tests
 Year 7 & 9 NAPLAN Practice

Year 12 Vocational Pathways Days
Tue 27 March

Year 12 QCS Practice Tests
 Year 7 & 9 NAPLAN Practice
 Year 12 Vocational Pathways Days
Wed 28 March

INTER-HOUSE CROSS COUNTRY CARNIVAL

Thur 29 March • Holy Thursday

• Easter Celebrations Periods 1 & 2

## TERM 1 Concludes

## **Year 12 Marine Studies Camp** North Keppel Island



# **Year 7 Retreat**

Last week Year 7 students participated in a one day retreat at St Patrick's Church in Calliope. The retreat was a great opportunity for students to get to know each other better as they shared in a variety of activities. The activities included discussing changes and constants in their lives, discovering their God given gifts and recognising that while we are all different each of us has something to offer. Many thanks to Mrs Green and the Religion Teachers who made this retreat enjoyable and meaningful.



YEAR 9 Catholic Social Teachings

Year 9 students are currently learning about Catholic Social Teachings. Catholic Social Teachings sums up the teachings of the Church on Social Justice Issues. It promotes a vision of a just society that is grounded by the bible and in the wisdom gathered from experience by the Christian community as it has responded to social justice issues through history. During Week 5 some of our students were lucky enough to enhance their understanding of the Catholic Social Teachings by participating in some workshop activities during class with Samara Thompson from St Vincent De Paul. Students were able to cement their understandings of Human Dignity, Solidarity, Subsidiarity, Freedom, The Common Good, Homelessness and Poverty. Jace Ward gave

this response to the Question: What is the difference between Houseless and Homeless? Homeless means you don't have a home, something with family and sentimental value and means something. Houseless is an object, 4 walls or a cardboard box.

Kerrie Lisle HPE Curriculum Leader/PE Teacher







# **Surprise** visit for music students!



#### about Dr Burrell

Robert was awarded a PhD in music composition through Griffith University, Queensland Conservatorium of Music. He is married with three children and has recently returned to Australia from Malaysia where he was working as a senior lecturer in the Music Faculty of UPSI.

Robert's compositional voice ranges from secular/sacred works for choir to orchestral and chamber music, plus the stage and concert band genre. He composes in acoustic and electroacoustic mediums with many of his works featuring avian elements. Robert's creative output covers a wide spectrum of performance abilities encompassing simple beginner works, canons and rounds to complex and difficult works for virtuoso performers such as The Lunaire Collective.

Chanel College music students had a surprise visit today from Dr Robert Burrell PhD, Music Composer and Lecturer. Dr Burrell is currently composing a College song/anthem for Chanel College, and we are all waiting with anticipation to hear it.

Be the reason son bone smiles today



#### Gladstone's Which tribe will you belong to? Sign up online to join your favourite tribe!



Bigl





### www.gpcl.com.au/Big6



Growth, Prosperity, Community.







#### Join a Big6 Tribe

Gladstone's Big6 is GPC's new education and awareness program celebrating the iconic species of the Gladstone bioregion and their habitats.

Will you join the turtle team, crustacean crew, be a fish fan, in the cetacean crowd, a dugong dude or part of the shorebird squad?

#### **Habitats**

A habitat is the type of environment in which plants and animals live.

You can find terrestrial, freshwater, marine and estuarine habitats around Gladstone, and this variety of environments is the reason this region is home to so many amazing animals - including our Big 6.

#### **Discovery Trail**

Follow the Discovery Trail. Discover Gladstone's Big 6 from the comfort of dry land with the Big 6 Discovery Trail at Spinnaker Park.

## Join Now! www.gpcl.com.au/Big6

# UMAT 2018

Common questions about UMAT answered by MedEntry, the leading and trusted UMAT Preparation Institution

#### What is UMAT?

UMAT stands for Undergraduate Medicine and Health Sciences Admission Test. UMAT is a three hour test consisting of multiple-choice questions of the following types: Logical Reasoning and Problem Solving, Understanding People and Non-Verbal Reasoning.

#### What courses require UMAT?

You will need to sit UMAT if you are interested in any of the following courses:

State	University	Course(s)
NSW	UNSW	Medicine
	Newcastle/UNE	Medicine
	WSU	Medicine
	Charles Sturt Uni	Dental Science
Vic	Monash Uni	Medicine
	La Trobe Uni	Dentistry*, Oral Health*
QLD	UQ	Medicine (prov. entry)
		Dental Science
SA	Uni of Adelaide	Medicine, Dentistry
	Flinders Uni	Medicine
WA	UWA	Medicine and Dentistry
		(direct pathway)
	Curtin Uni	Medicine
Tas	UTas	Medicine
NT	CDU	Clinical Sciences
NZ	Auckland	Medicine
	Otago	Medicine, Dentistry

\* For Latrobe Uni, UMAT is only required for non-year 12 applicants

#### What are the key dates for UMAT 2018?

UMAT registrations open	December 2017		
UMAT registrations close	1 June 2018*		
UMAT takes place	25 July 2018		
UMAT results released	September 2018		
Deadline to apply to	September 2018		
admissions bodies			
*Late registrations accepted until 15 June 2018			

#### How can I register to sit UMAT?

You can register for UMAT by visiting umat.acer.edu.au. The fee to sit UMAT is \$260. You can sit UMAT in your final year of high school and any year thereafter.

#### Do I need to prepare for UMAT?

Yes! Many practicing doctors agree that UMAT is the most difficult test they faced in their medical career. Even students who obtain an ATAR of 99.95 have missed out on a place in medicine due to a poor UMAT score. For some universities it is as important or more important than your ATAR. It is completely different to any other test you have sat at school. Quality preparation is therefore essential.

UMAT prep will also help with your school study as it enhances your thinking and test-taking skills.

#### But ACER/unis discourage UMAT preparation

There are many reasons for this. For example, the more you know about UMAT, the harder their job becomes. They also want a level playing field where all students have the same level of preparation for UMAT. Unfortunately, this does not exist. Informed and motivated students will prepare for UMAT, and MedEntry provides quality materials to help them do so.

### What UMAT score do I need to get into medicine?

The UMAT score that you need to get into medicine or other health science courses depends on the university to which you are applying. In general, a UMAT percentile of *at least* 85 will usually secure you a medical interview offer. This may not seem high, but remember you are competing against a much tougher cohort than at school/uni.

### Where can I get more information about UMAT?

Please visit www.MedEntry.edu.au for a free trial exam, information about the admissions process, blogs about UMAT and to enrol in one of our UMAT preparation packages. You can also call us on 1300 MEDENTRY. Follow MedEntry on social media for UMAT tips and updates!

#### Why MedEntry?

MedEntry is a government-accredited Registered Training Organisation run by doctors and academics with 25 years' experience in preparing students for UMAT. The quality and extent of our resources is unparalleled. We get more students into medicine than all other prep courses combined. For more information, please visit www.MedEntry.edu.au



#### www.MedEntry.edu.au or call 1300 MEDENTRY



## A GAP YEAR EXPERIENCE LIKE NO OTHER



ADF Gap Year applications for 2019 have opened. It's a unique opportunty for your students to try out a career in Navy, Army or Air Force and get a feel for a military life without committing for a longer period.

#### Through an ADF Gap Year :

- •Gain valuable skills and work experience
- •Enjoy a great salary package plus free healthcare
- •Live a varied, active and healthy lifestyle
- Make friends with like-minded people
- •Get the opportunity to see more of Australia

In 2019 there are 14 roles to choose from ranging from admin to artillery and even flight crew, plus this year we're offering 30 Army Officer roles - places are limited.

#### Requirements

Australian citizen

•Aged between 18 and 24 years on admission

•Year 12 completion (required passes vary by job)

## DEFENCEJOBS.GOV.AU/GAPYEAR Call on 13 19 01

- ADF Gap Year Navy Closes 9 April 2018
- ADF Gap Year Army Combat Engineer Closes 9 April 2018
- ADF Gap Year Army Officer Closes 23 April 2018
- ADF Gap Year Army Artillery Operator Closes 23 April 2018
- ADF Gap Year Army Infantry Soldier Closes 14 May 2018
- Gap Year Army Driver Closes 21 May 2018
- ADF Gap Year Army Administration Assistant Closes 21 May 2018
- ADF Gap Year Army Warehouse Assistant Closes 21 May 2018
- ADF Gap Year Army Air Defence Operator Closes 21 May 2018
- ADF Gap Year Air Force Cabin Crew Closes 7 March 2018
- ADF Gap Year Air Force Warehouse Storeperson Closes 28 May 2018
- ADF Gap Year Air Force Aviation Support Technician Closes 28 May 2018
- ADF Gap Year Air Force Airbase Protection and Security Closes 4 June 2018
- ADF Gap Year Air Force Administration Assistant Closes 4 June 2018

# **STUDENT ACCESS CENTRE Do you need help with Assignments or Homework?** Available are: Resources, Support Material, Friendly Faces

Struggling to understand or getting behind with your school work? Let our friendly staff help you. Monday, Tuesday, Thursday & Friday at 8.00 am. Also First Break every day except Thursdays.

## **HOMEWORK & ASSIGNMENT HELP**

Inclusive Curriculum Coordinator: Ms Jennifer Carlyle on 4973 4739

# **CAREERS ADVICE** Confused about Career Paths or have Work Experience enquiries?

Make an appointment to see our friendly advisor.

Careers Pathways Officer: Mrs Crane on 4973 4738